

pricing: **Members/Visitors**

FLAME BISTRO

SOUPS & STARTERS

M/V

GARLIC BREAD	7.90/8.90
GARLIC CHEESE BREAD	8.90/9.90
FRESH GARDEN SALAD (V)	6.90/7.90
SOUP OF THE DAY with bread roll & butter	9.90/10.90
BEER BATTERED CHIPS (SML)	5.90/6.90
BEER BATTERED CHIPS (LGE) with gravy or aioli	10.90/12.90
LOADED BEER BATTERED CHIPS large with gravy, bacon & cheese	12.90/14.90
POTATO WEDGES (LGE) (V) with sour cream & sweet chilli sauce	11.90/13.90
TRIO OF DIPS (V) with toasted ciabatta	11.20/13.20
TOMATO & HERB BRUSCHETTA (V) with balsamic glaze & parmesan	11.20/13.20
MARINATED CHICKEN SKEWER with sweet chilli aioli & slaw	11.20/13.20
MIXED FRIED (1 of each) spring roll, squid ring, dim sim, panko prawn & dipping sauce	12.90/14.90

PETITE LIGHT MEALS

ANGUS BEEF SAUSAGE with mash, vegetables & gravy	14.90/16.90
FISH & CHIPS with salad garnish & tartar sauce	14.90/16.90
STICKY BBO PORK BELLY with chips & slaw	14.90/16.90
BELT bacon, egg, lettuce, tomato & aioli on a bun with chips	14.90/16.90
VEGETABLE PEARL COUSCOUS (V) with feta, olives & roasted capsicum aioli	14.90/16.90

BURGERS

All served with beer battered chips

ANGUS BEEF BURGER 200g beef patty, double cheese, lettuce, tomato, bacon, caramelized onion, aioli & BBQ sauce	18.90/20.90
CHICKEN SCHNITZEL BURGER with bacon, lettuce, tomato, cheese & aioli	18.90/20.90
BBQ PORK BELLY BURGER sticky pork belly, bacon, cheese, caramelized onion, lettuce, tomato, BBQ sauce & aioli	18.90/20.90
FISH BURGER tempura battered fish fillets, lettuce, tomato, cheese & tartar sauce	18.90/20.90

FROM THE PAN

MEDITERRANEAN VEGETARIAN FETTUCCINE (V) Napoli, onion, olives, garlic, mushrooms, baby spinach topped with feta cheese & herbs	17.90/19.90
BACON & MUSHROOM SPAGHETTI in garlic sauce with shallots & baby spinach	18.90/20.90
SPAGHETTI & MEATBALLS with Napoli sauce & parmesan	18.90/20.90
PRAWN & BACON FETTUCCINE sautéed in garlic & simmered with Napoli sauce, cream, white wine & finished off with spinach & parmesan	21.90/23.90
SWEET BBO SOY HOKKIEN NOODLE stir fry with marinated pork belly & Asian greens	21.90/23.90
GARLIC PRAWNS & RICE prawns sautéed with garlic, white wine, cream, parsley & parmesan	23.90/25.90

FRESH SALADS

CAESAR SALAD With crisp cos lettuce, bacon, garlic croutons, egg, & parmesan	18.50/20.50
MEDITERRANEAN SALAD (V) With crisp lettuce, feta, olives, tomato, cucumber, grilled peppers & artichoke served with balsamic dressing	17.50/19.50
ADD TOPPERS Marinated chicken skewer, chargrilled lamb, panko crumbed squid or prawn	6.00/7.00

CHAR GRILLED

Chicken, Pork, Lamb, Fish

CHICKEN BREAST on baby spinach, roasted root vegetables & drizzled with roasted pimento aioli	23.90/25.90
MOIST INFUSED PORK LOIN FILLET with garlic prawns, fries & salad	27.90/29.90
MARINATED LAMB FILLET with Mediterranean vegetables, feta, yoghurt served with crusty bread	27.90/29.90
ATLANTIC SALMON with vegetable pearl couscous, noodle wrapped prawns & roasted red pepper aioli	29.90/31.90

STEAKS FROM THE CHAR GRILL

All served with your choice of fries &
salad or seasonal vegetables

300g PORTERHOUSE	28.90/29.90
250g BEEF RIB FILLET	28.90/31.90
400g T-BONE STEAK	32.90/34.90
WITH YOUR CHOICE OF SAUCE pepper, mushroom, gravy, garlic or hollandaise	

SCHNITZEL HEAVEN

All served with beer battered chips & salad

CHICKEN SCHNITZEL with gravy	21.90/23.90
CHICKEN PARMIGIANA topped with ham, Napoli sauce & melted cheese	24.90/26.90
CHICKEN LOADED with bacon, hollandaise sauce & gravy	24.90/26.90
CHICKEN HAWAII topped with ham, Napoli sauce, pineapple & cheese	24.90/26.90
CHICKEN SPICY topped with jalapenos, Napoli sauce, pimento, cheese & side of sour cream	24.90/26.90
CHICKEN SUPREME topped with garlic prawns & parmesan	27.90/29.90

ALL DAY BREAKFAST **16.90/18.90**

Two eggs- cooked to your liking with bacon, beef
sausage, hash brown, baked beans & toasted ciabatta

SEAFOOD

PANKO PRAWNS crisp Japanese style crumbed prawns, chips, salad & your choice of sauce	20.90/22.90
CRUMBED SQUID & CHIPS with salad & your choice of sauce	19.90/21.90
TEMPURA FILLETS OF COD with chips, salad & your choice of sauce	18.90/20.90
FRIED SEAFOOD COMBO PLATE Panko prawns, crumbed squid, battered cod with chips, salad & your choice of sauce	24.90/26.90
SAUCES OF CHOICE tartar, aioli or chipotle	

KIDS MEALS

ALL 10.90/11.90
FREE DESSERTS FOR CHILDREN 12 & UNDER
WITH MEAL

CHICKEN NUGGETS & chips

FISH & chips

CHEESE BURGER & chips

SPAGHETTI WITH MEATBALLS

**SWEET BBO SOY
HOKKIEN NOODLE (V)**
stir fry with Asian greens

While we will endeavour to accommodate requests for special
meals for customers who have food allergies or intolerances,
we cannot guarantee completely allergy-free meals.
This is due to the potential of trace allergens in the working
environment and supplied ingredients.

MENU ITEMS SUBJECT TO AVAILABILITY
15% SURCHARGE APPLIES ON ALL PUBLIC HOLIDAYS