

RUNNERS & WALKERS



Annual combined run/walk, Gold Coast and Southport Runners and Twin Towns Runners & Walkers

June was a busy month and one of the highlights was our three Club meet at Tallebudgera Creek.

This has been a tradition for many years and includes Gold Coast Runners (hosts), Southport Runners and Twin Towns Runners and Walkers. We enjoyed a shared BBQ breakfast afterwards and caught up with old friends.

Many of our members have been training hard for the GC 10km, half and full marathon which is held on 1 and 2 July. As usual we will have our tent available for competitors and supporters.

We enjoyed our traditional carb loading night at Twin Towns the Thursday night before the big weekend. Good luck to those competing and aiming for Age Group Records.

Our July to September Sunday program is now available on our Facebook page and includes a variety of venues, some of which are off-the-beaten-track.

Tired of walking or running on your own? Want to join like-minded people? Then why not come and join us for a run or walk. We cover distances of 5 to 15km and work on increasing fitness and mental wellbeing. It's a great Club to make friends and enjoy a coffee after our meets.

We meet on Tuesdays at 6.30am and Thursdays at 6am during the winter months at Greenmount (opposite the Pink Hotel) and Sunday 7am at various venues (on Facebook).

New members are always welcome to come check us out for up to three times before joining. Enquiries to Tracy Mo 0414 590 940.

RSL SUB-BRANCH

The next members monthly meeting will be held on Monday 31 July at 12pm in the RSL ANZAC Room. Every Thursday from 10am-12pm, drop in for morning tea, a chat and a few laughs. Would you like to volunteer at the Sub-Branch? Come and be part of our team assisting Veterans and their families. Contact the office for more details. Welfare and Compensation assistance available by qualified advocates. Office hours Monday to Friday 9am-12pm. Phone 07 5536 1164 or email admin@thc-rsl.org.au

Belinda McIntosh, Office Manager

DIGGERS SWIMMING

Congratulations to pocket rocket Sue Deegenars on winning her age group at the recent Ocean Swim at Byron Bay, an annual event that is always very popular. On a sad note, members Val Smith and Ed Cussen have recently passed away. Since the pool closure, members are sadly no longer in regular contact. If you are aware of something that would be of interest to them, please let me know so that I can pass it along via this column. The Committee is hoping to arrange a social get-together in the near future.

Bubbles

MENS BOWLS

Twin Towns Championships Singles were played on 10 June between Brian Bowden and Garry Millard. It was a very tight game lasting thirty ends. Brian Bowden won the title 25 to Garry's 23, a great game. Twin Towns Mens Bowls have their Pairs and Triples Championships still to be played. If you want to play Triples, you can still put your name in the book. Mens and Ladies Bowls have spoken on playing mixed bowls on Fridays. Discussions are still progress. Twin Towns Juniors rebuild is progressing in leaps and bounds. It's looking great and will be back in business in November so there'll be another Twin Towns Club to visit. St Joeys High School sports days are drawing to a close. It's been a great pleasure having the students and their teachers playing bowls. If we have enough students wanting to play bowls, we will start a coaching clinic on Saturday mornings from 10am 'til 11am, starting 1 July. Enjoy your bowls.

Rosco



Men's Singles Championships, Brian Bowden and Garry Millard

BRIDGE

One of our members is in hospital at this time and we wish him a speedy recovery. Meanwhile with our numbers down due to some cruising and others with various ailments, we battle on with reduced numbers with John taking over with the Directing and Marj, our Vice President, taking the reins and keeping us entertained with her little mots of wisdom. Everyone is still enjoying our game. Bridge is played on Mondays and Fridays commencing at 12.15pm. Please be seated 15 minutes prior to start to enable the Director of the day to determine the movement for play. For partners on the day, contact John on 0433 972 940.

Happy bridging.

Valerie

GOLF

June proved to be a fruitful month for our Golf Club. The Ladies completed their Club Championships with Alison Blair the 2023 Ladies Club Champion and Katrina Springfield the runner-up in Division 1; Marilyn Berryman from Myra Biggar in Division 2. Well done ladies and congratulations to all players and especially to Captain Liz Edwards and her great committee. District pennants were also completed in June with Club Banora having two of our four teams in the finals. Our number 1 team lost to Mullumbimby but our number 2 team beat Iluka 5/2 in a solid win. Well done to all our teams and we were unlucky not to have them all in the finals. The tradition of winning a pennant each year continues. The course has its winter feel at present which makes those downhill sliding putts interesting. See you out there.

Brent McLennan, (Pres)



Club Banora Pennant Team 2 winning the NRDGA 2023 Pennant

SENIORS SOCIAL

Our next general meeting will be held on Monday 17 July at 10am in the Visions room. Selling at the meeting will be a luncheon at Wollongbar on Monday 24 July and a luncheon at The Gap Tavern in Brisbane on Monday 7 August. The next meeting will be 21 August. We have two trips a month and general meetings are held the third Monday of the month. Trip tickets are sold at our meetings. Members must be at the meeting to buy the tickets. All trips depart and return to Twin Towns. Phone calls Tuesday to Friday 10am-4pm. Membership Officer Dorothy Colman 0434 278 397; Welfare Marie Holmes 0417 602 368; Tour & Social Organiser Dorothy 07 5590 9301.

TENNIS

Tennis numbers have been really good just lately. Our perfect weather, I'm sure, has something to do with it. We are looking forward to a fun day when some players from the Wynnum Tennis Club visit us soon. The day promises to be a good fun one, fine weather permitting.

Yvonne



Alison Blair, Ladies Club Championship winner

GARDEN

Tweed winter weather is a great time to catch up on gardening. A chance to do some tidying up before the rapid growth time, springtime: Perennials - tidy, lift, divide and replant; Lawns - aerate and lime dress, no need to feed this month. If you have regularly fertilised the lawn, acid will have built up and need a dose of nitrogen. Got a vegie patch? Dig in some lime before planting spring vegetables. Flower garden: feed spring flowering plants, sow late-spring flower seeds, plant summer and autumn flowering bulbs. Cut back autumn flowering hedges. Reading a list of jobs can be off-putting so start off the month by attending the Garden Club meeting for some inspiration, oh, and coffee and biscuits. It's a fun morning. Next meeting Tuesday 4 July at 9.45am at Club Banora, then Tuesday 1 August. Visitors welcome. Enquires to President Maria 0448 531 055.

SOCIAL GOLF

With no competition round on 28 May, we move straight into 4 June for the Monthly Medal. Our winner was Steve Salter on a count back from Frank Watego playing off 16 with a 33 nett. Well done Frankie for runner-up honours. On 11 June, we had a Single Stableford game and our winner was Justin Hayes playing off 11 with 21 points; runner-up honours went to Clint Dunn playing off 11 with 20 points. On 18 June, the group went off to an away game at Helensvale. It was a great day had by all and our winner on the day was Michael Byrne playing off 26 with 36 points. It was also Mick's Birthday on the day, so many happy returns to Mick. There are some great games coming up, starting with 18 holes on 16 July which will also be incorporated with a 'Green Keepers Revenge' and this is also our Christmas in July fancy dress day which has become a great annual event. Hit 'em long and straight!

Will

LADIES BOWLS

The Cross-Border Shield wrapped up on 16 June with a finals and lunch day at Cabarita Bowls Club. We had a good win and friendly match with the Tugun ladies. We also aced the raffle! Well done to all our 14 players who put in a marathon effort to play eight matches, some on two days a week. Next year the comp should start in March and only play on Mondays. Our Championships have turned to the Singles, played in a knockout format. The Clubs 39th Birthday was held on 20 June. It was great to welcome past players and we enjoyed a morning game. Lunch was hearty and the birthday cake colourful and caloriful. July is a quiet month event-wise but will see the rest of the Club competitions, namely the President's Triples and Pairs. Both the President's Triples and Pairs will be Club-selected from individual entries and this year involve both affiliated and social players.

Veronica Power

WHAT ARE YOU DOING TODAY?

WHY NOT TRY SOMETHING NEW?

Twin Towns has so many sporting and social clubs and you can be a member of as many as you like! Try something new and exciting and make some new friends.

Contact any of the internal clubs listed in this newsletter or call 07 5536 2277.



FISHING

Welcome to Twin Towns Fishing Club. Do you like fishing? Do you like to socialise? Well, we have a Club that would suit you. The aim is to provide a social forum where people interested in recreational fishing, but not necessarily Anglers, can meet and exchange their ideas and knowledge of fishing. We need a President and a Secretary, please think about the position. Well, what a great start to the year and another great month. The results for the monthly comp are: 1st Mark Small with a nice catch of flathead and tailor; 2nd John Watkins with a bag of dart and scad and 3rd Garry Hawthorne with a bag of luderick. The Out of Comp Comp - so far there are five entries, so get out there and see what you can do. Keep fishing, tight lines for all. Enquiries to Ferdi on 0414 812 907.

Dutchy

SNOOKER

June has seen some great results for our players representing the Club Banora Snooker Club. Several players went to Ballina over the June long weekend for the Southern Cross Snooker Championship. Players from as far away as Port Macquarie and Tamworth competed in this prestigious event. Three players from our Club made it through to the knockout stage with Paul Norris and Jessica Woods both making the final. Paul won in style, 4-2, to take the title. Well done to all. Jessica also flew the flag for us at the QLD women's state title, winning against up-and-coming youngster Lily Meldrum. June also seen Club Banora host the Gold Coast Snooker Club in an interclub friendly match. Club Banora fired up and went on to win, gaining revenge for our loss last time we met. Well done to all. Midweek comp winners for June include Ray Gocke, Paul Norris, Paul Brandon, Paul Thorogood, Jessica Woods and Tia Smith. Until next month happy cueing!

