

SENIORS SOCIAL

Hello, greetings from your Committee.

September is the month we celebrate our 40th Anniversary, quite the milestone! The Club was formed on 23 September 1983. It was then called the Pensioners Club. I'm not sure when they changed the name to Seniors Social - it was around 1986-87.

I recall Josie and John Francis for their music prior to the meetings, also Bert Reward who was the first President of the Club, then in 1985 elevated to become the first patron of the Twin Towns Services Pensioners Club. Bert was also a Director of Twin Towns Services Club for many years.

Our longevity and relevance built as many members came and enjoyed the outings, many friendships have been made over the 40 years from 1983 to 2023.

At present we have over 86 members enjoying trips, north and south and in between, twice a month.

Our committee at present is President/Treasurer Maree Mortimer, Secretary Denise Arnold, Membership Dorothy Colman, Welfare

Marie Holmes, Raffles Ricky Koolmees, Committee Members Bob Muller, Cherry Symans and Thelma Muller.

These people volunteer their time to make the Seniors Social Club what it is today. Thanks to them all.

We have many others who worked on Committees in the past, as well as members that support the Club. We are very grateful to all.

We will celebrate our 40th Anniversary with a luncheon on Monday 25 September at 11.30am in the Bay Room on Level 3 at Twin Towns. Hope to see everyone there.

Tickets to the luncheon will be sold at our next general meeting on 18 September at 10am in the Visions room.

There will be no trip Monday 2 October due to the Public Holiday and the next general meeting will be held on Monday 16 October.

Phone calls Tuesday to Friday 10am-4pm. Membership Officer Dorothy Colman 0434 278 397; Welfare Marie Holmes 0417 602 368; Tour & Social Organiser Dorothy 07 5590 9301.



Seniors Social Club members



Deanne Birgan, Linda Moyes, Maura Downey, Betty Rattery, Maree Mortimer & Shirley Walker

RSL SUB-BRANCH

Members monthly meeting is a Luncheon on Monday 25 September at 12pm in the Flame Bistro at Twin Towns. This is free for Sub-Branch Members. Every Thursday, drop in for morning tea from 10am-12pm. Come in for cake, coffee, a chat and a laugh. Veterans' partners and carers welcome. Transport into the Sub-Branch can be provided. Call the office to arrange. The library is open on Thursdays. Please check our website www.thc-rsl.org.au for the latest information. Office hours are Monday to Friday 9am-12pm. Phone 07 5536 1164 or email admin@thc-rsl.org.au

Belinda McIntosh, Office Administrator

MENS BOWLS

After a long delay, the Men's Bowls Pairs Championship has been played and the winners were Garry Millard and Mark Baxter; runners-up were Rae McLean and Bill Bellair. No decision on mixed bowls on Fridays has been made yet. The Open Day to Learn to Play Lawn Bowls has been decided and will be held on Sunday 8 October at 10.30am NSW on the greens at Club Banora. Refreshments will be provided. Come along, get outdoors and enjoy the game, fresh air and the company. Be happy, smile and enjoy your bowls!

Rosco

GARDEN

Members enjoyed a fun bus trip to Summerland Farm, Alstonville. Fantastic changes have taken place recently with a great playground for children, a very nice nursery with unusual plants, beautiful walk-through gardens and of course, a morning tea area. There were farm grown vegetables plus honey and jams. Also, an animal farm with alpacas, goats, lambs, guinea pigs to cuddle and a gorgeous chunky bunny rabbit called Gumboots to admire. Well worth the \$5 entry fee. Many thanks to our active committee for organising this trip. Tip from a YouTube gardener - yes, the plants loved their regular watering with onion skin tea! Of course, it may just have been the regular watering! Did you try it? The next meeting at Club Banora will be Tuesday 5 September then Tuesday 3 October. Enquiries to President Maria 0448 531 055 or email mariaharry111@gmail.com



August Garden Club winner Margaret Smith

RUNNERS & WALKERS

August was another busy month and the weather stayed mild for most of the time. We had a few members compete in the City 2 Surf in Sydney and the Sunshine Coast Marathon. Members have still been actively involved in reducing their PBs at Parkrun in winter months and achieving personal goals. Sundays have been varied from running on the Hinze Dam wall to through the Currumbin Eco Village and always rewarded with a special breakfast afterwards. September will see us walk/run part of the NR Rail Trail from Stokers Siding before it gets too hot. Check out the Sunday program on our Facebook page. Tired of walking or running on your own? Want to join like-minded people? Then why not come join us for a run or walk. We cover distances of 5 to 15km and work on increasing fitness and mental wellbeing. It's a great Club to make friends and enjoy a coffee after our meets. New members are always welcome to come check us out for up to three times before joining. We meet on Tuesdays at 6.30am and Thursdays at 6am at Greenmount (Opposite the Pink Hotel) and Sunday 7am at various venues. Enquires to Secretary Tracy Mo 0414 590 940

GOLF

It's foursomes season, mixed foursomes - gross winners are Myra Biggar and Gary Dowding; runners-up Kaye Mills and Ross Telfe. Nett winners Liz and John Edwards; runners-up Peter Edwards and Dianne Hughes. Men's foursomes were played in two divisions, Gary Dowding and Pat Tregallas the Division 1 winners; runners-up Tony Blair and Ray Mills. Division 2 winners were Jim Storey and Jeff Clarke; runners-up Gerry Martin and Terry Smith. Ladies foursomes, Pat Hodda and Kaye Mills were the gross winners; runners-up Alison Blair and Katrina Springfield. Nett winners Colleen Kelly and Lillian Simpson; runners-up Helen Evans and Peggy Williams. Congratulations to the champs and all the players who gave it a shot. Men's Championships are scheduled to be played over four Saturdays this month weather permitting. Good luck and good golf to all contenders and pretenders. See you out there.

Brent McLennan (Pres)



Ladies Foursome Gross winners Pat Hodda and Kaye Mills



Winners of the best nett Lillian Simpson and Colleen Kelly

EUCHRE

Our games are held at Club Banora every Thursday night in the screened off dining area. We start at 7pm year-round and usually finish around 9pm. Fees to play are \$3 for members and \$4 non-members. There are prizes for 1st and 2nd as well as a Lucky Door prize. For the month of July there was a tie between Val Worth and Nev Lesina. Visitors and new residents to the area will be most welcome to come and join our happy group of players. If you come about 15 minutes before our start time you can have a few practice hands with some of our members.

Joker Judy

LADIES BOWLS

Greetings! September will bring the rest of the Consistency Competition and then Star of the Green. Also, our Julie Johnston Gala Day to be held on Tuesday 5 September. Julie, our most recent Past President, gave her all for our Club and played well, in spite of serious illness and discomfort from the treatment. The Gala Day is open to both affiliated and social players in a 2 game of 9 ends format (team makeup dependent on numbers), and Club select. The trophy, kindly donated by Marion Munzone will be awarded to the team with the highest score. Afterwards there will be pizza and chips free of extra charge. Carolyn is collected the names. Apart from that, let's enjoy our social games on Tuesdays and Fridays.

Veronica

BRIDGE

Our President and his Secretary wife have now left Canada and arrived in New York with about a month of travel left. We are all looking forward to seeing them and hearing all their stories and in the meantime, our very able Vice President Marj is holding the reins. Our Bridge lunch was again held at Club Banora and well attended. We welcomed a couple of Kiwi visitors who attended play and swelled our numbers for a couple of weeks. We wish a speedy recovery to any of our unwell members and look forward to their return. Bridge is played on a Monday and Friday commencing at 12.15pm. Please be seated 15 minutes prior to start to allow the Director of the day to determine the movement for play. For partners on the day, contact John on 0433 972 940. Happy Bridging.

Valerie

FISHING

Welcome to Twin Towns Fishing Club. Do you like fishing? Do you like socialising? Well, we have a Club that would suit you. The aim of our club is to provide a social forum where people interested in recreational fishing, but not necessarily anglers, can meet and exchange their ideas and knowledge of fishing. We have a comp every month so anytime is a good time to come along, socialise and see what has been caught for the weekend. All welcome. We need a President and a Secretary. Please think about the position. Results from last month: Mark Small took out the comp with some nice flathead and an even nicer mangrove jack; 2nd was Steve Lovegrove; 3rd John Watkins. The Out of Comp Comp has five entries so get out there and see what you can do. Enquires to Ferdi on 0414 812 907. Keep fishing, tight lines for all.

Dutchy

TENNIS

Social tennis numbers on a Sunday morning have been good which is great to see. We are planning a visit from another nearby Club, hopefully within the next few weeks. Also, we have a tentative date for a Sunday afternoon game of Lawn Bowls and another Trivia Night in October. We are always very happy to welcome new members to our Club so pick up your racquet and tennis shoes and pay us a visit. We'd love to meet you.

SNOOKER

August has seen another busy month for the Club Banora Snooker Club. We are almost halfway through the season of the Des Turner team's competition and the MVP's sit on top of the ladder undefeated. Special mention to young gun Cooper Thomson of the MVP's with a fantastic 80 break. August also saw Club Banora host a very strong Redcliffe Snooker Club. Redcliffe came away with a comfortable victory. We do look forward to the return match. Our 6 Red competition has reached the knockout stage after 17 members played out a round-robin competition. In case you don't know, snooker is usually played with 15 reds. Only 6 are used in this format making it a much more attacking and cut-throat version of the game. On a winning note, Club Banora are 2023 Champions after taking out the Far North Coast Snooker Association teams event held in Ballina. Eight players represented from each Club and on a very close day that came down to the last couple of matches, we walked away with the win. Well done to Team Banora and special mention to Des Turner on his efforts in organizing this event. Until next month happy cueing!



Winners team Banora

DIGGERS SWIMMING

We no longer have a pool to swim in, however we can still get together for a social function. Our committee has decided to finance a free lunch with complimentary drinks from noon on 15 October at Club Banora for financial members only (list available from acting secretary Brent). You are not required to bring a raffle prize. This is free for our current members, however there's no choice of meal other than roast beef. Vegetarian and gluten free meals will be a vegetable plate without meat. To gauge numbers, please let Brent know if you will attend, and if you are content with the roast beef, or require a vegetable plate. Sue, Bert, Shrino and Paul competed in the Lismore Meet coming third in a relay and Susie making the final of the 50m handicap. Well done.

Bubbles

SOCIAL GOLF

Over the last month we have had our Club Championships across two rounds. The A Grade Gross winner and Club Champion for 2023 is Frank Watego. A Grade Nett went to Chris Harding; B Grade Gross winner went to Will Salter and B grade Nett winner went to Steve Teague. Congratulations to all our winners. We had an impromptu trip to Helensvale once again and our winner on the day with 36 points was Matt Carmichael. Thank you to Matt for donating his prize of a dozen balls back to the Club. We have also had our August Monthly Medal and our winner on the day with 31 nett was Will Salter; runner-up honours went to Steve Teague with 32 nett. Looking forward to the month ahead. Hit em long and straight!

Will

TRIATHLON

Twin Towns Triathlon Club is made up of friendly triathletes of all ages and all abilities, competitive and non-competitive, who love the challenge that swimming, riding and running brings when packed together. Our upcoming season starts 23 September with an Open Day where a volunteer will take you around the course. And there'll be free breakfast too! What you need to know: it starts Saturday 23 September, 2023 to 2 March, 2024; start and finish at Tweed South Aquatic Centre, Heffron St, Tweed Heads; Twinnies offers a variety of race distances and formats to cater to different skill levels and preferences; we are focussed

on providing safe and supportive event for all levels of athletes; we foster a welcoming and inclusive Club culture by having volunteer each week to take newcomers around the course; in the 2023-24 season, you'll get a Club t-shirt (free!) after you complete your third race of the season. Visit the website at www.twintownstriathlon.org.au for more details or email twintownstri@gmail.com



Tri Club member Craig Broadhurst

WHAT ARE YOU DOING TODAY?

WHY NOT TRY SOMETHING NEW?

Twin Towns has so many sporting and social clubs and you can be a member of as many as you like! Try something new and exciting and make some new friends.

Contact any of the internal clubs listed in this newsletter or call 07 5536 2277.



SLICE AND FORK

MEMBERS
TWO FOR \$30

VISITORS TWO FOR \$32

Lunch & Dinner Specials

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
GRILLED BARRA	SIRLOIN STEAK	PANKO CRUMBED COD	CHICKEN SCHNITZEL

FRIDAY - SATURDAY - SUNDAY
CHECK BLACKBOARD FOR SPECIALS

TWIN TOWNS
juniors
FREE SHUTTLE BUS



OPERATES TO AND FROM THE JUNIORS CARPARK AND CLUB BANORA

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