

**TRIATHLON**

The Twin Towns Triathlon Club has had a successful but challenging season, which culminated with Club Championships on 2 March.

Our numbers seem to have stabilised and we have a few new members who have continued to enjoy the Club throughout the season.

I feel the most effective way of introducing and retaining members is by creating a friendly, happy and welcoming environment. I like to think we achieve this on a weekly basis.

The main challenge this year has been the weather. I don't recall having two weekends in a row of fine weather. In fact, it is hard to remember many fine days at all. However, we still averaged 25 to 30 competitors each week. Our largest week saw 50 competitors on the course.

We have continued to evolve the program to include the popular Aqua Bike for those that can't run and the Aqua Run for wet days. Both are popular, keeping Josh, our esteemed timekeeper, busy. The graphic presentation of the results is impressive.

He has also been responsible for the updated and modernised website. The other big challenge facing the Club is the sheer number of outside activities now available to active people like our members. If it's not gravel bike rides or outside triathlon events, it might be simply a camping trip.

All these activities take a toll on numbers. I am retiring from the committee this year as I think it is important to have younger people with new ideas involved. The committee is very proactive and most of the members are continuing so I am very comfortable with the future of the Club.

**Kent Holmes, President 2023-2024**



Ollie Hughes, Christian Andrew and Sam Coleman



Tracy Foyster, Bec Lucas and Viv Wright

**TWIN TOWNS TRIATHLON CLUB AWARDS 2023-24 SEASON**

**Female Club Champion:** 1st Bec McLucas,  
2nd Tracy Foyster, 3rd Viv Wright.

**Male Club Champion:** 1st Christian Andrews,  
2nd Sam Colman, 3rd Oliver Hughes.

**Points score winners:** Ginny Jones,  
Christian Andrews and Jim Collins.

**RSL SUB-BRANCH**

Members monthly meeting will be held on the Monday before ANZAC Day, 22 April at 12pm, in the Sub-Branch ANZAC Room.

**ANZAC DAY 2024**

**ANZAC Day Ceremonies:** Will be held on Thursday 25 April in Chris Cunningham Park, Tweed Heads. Order of Dress: Members are requested to wear shirt with collar, long pants, and medals; coat optional.

**Dawn Service:** Assemble at 5.45am on the road in Wharf Street near the children statue. The short March will be into the park with the service commencing at 5.55am.

**Main Service:** Veterans assemble from 10am in Boundary Street for the March. Parade will March off at 10.30am turning left into

Wharf Street and proceeding to the memorial in Chris Cunningham Park. Main Service commences 11am.

**Children's Parade:** Assemble from 10am in Jack Evans Boat Harbour then form up in Coral Street at 10.15am. March off at 10.30am.

**Sub-Branch Member Luncheon:** RSL Members and guests are welcome at Twin Towns for a buffet lunch after the service. Tickets must be pre-purchased from the Sub-Branch. Cost is \$25 for members and partners/carers.

Please visit our website [www.thc-rsl.org.au](http://www.thc-rsl.org.au) for up-to-date information. Office hours Monday to Friday 9am-12pm. Phone 07 5536 1164 or email [admin@thc-rsl.org.au](mailto:admin@thc-rsl.org.au)

**Belinda McIntosh, Office Manager**

## SENIORS SOCIAL

Our meetings are held on the third Monday of the month. The next meeting will be held on 15 April in the Visions room on the Resort side of Twin Towns. Selling at the meeting will be a trip to Cedar Creek Estate, Mt Tambourine on Monday 22 April. Cost of trip is \$65. Note, we will be on EST time from 7 April. Phone calls Tuesday to Friday from 10am- 4pm. Membership Officer Dorothy Colman 0434 278 397; Welfare Marie Holmes 0417 602 368 and Tour & Social Organiser Dorothy 07 5590 9301.

## DIGGERS SWIMMING

By the time this appears in print, two events would have happened: the National Swimming Titles of the AIF at the Gold Coast Aquatic Centre on 23 March, where we had three swimmers nominated in several events, and our AGM on March 31, which was held at Club Banora. You will find the results of both in the next edition. As we no longer have a pool, our members have few opportunities to catch up with one another. Popular member John Schreinert was looking forward to doing that at our AGM but unfortunately his ill health prevented it.

*Bubbles*

## GOLF

It is our 40th year Anniversary month! It's all about our 40 years as a Golf Club with events to highlight and support this occasion. It starts on 7 April with an official opening of the occasion and the Memorabilia Room, followed by a get-together and obviously some tall stories from our legendary past. For those past members that have not seen or experienced the course for some time or since its conversion to the 9+ holes we now have, we are offering some tours of the course as it now stands. Once those ceremonies are completed, the course will be open for play. There will be no official competition played on that day. Anniversary competitions will be played throughout the month - Vets, Ladies, Men and Sunday groups all taking part. These events will be open to past and present members and invited guests. See you out there.

*Brent McLennan (Pres)*

## MENS BOWLS

I think all bowlers will be happy with the new Agenda the Committee has put out. We will also have another open day for families to learn how to play the great game of lawn bowls. Thanks to the lady bowlers for their help. We will have a letter box drop with bowlers delivering in their area. Morning tea will be provided after bowls and a date will be decided soon. Bowls numbers on game days are building up - a good sign. Keep fit and stay healthy. Enjoy your bowls.

*Rosco*

## TENNIS

Tennis numbers continue to be up which is good news. It's great to see so many people enjoying themselves and using our courts. Our planter boxes of herbs are coming along well and in no time, members will be able to help themselves to fresh herbs. The AGM has been and gone and we have a new Secretary on the Committee. We are looking forward to another successful Trivia night to be held in April. Please consider coming along as it is a fun night with monetary prizes. Everyone is most welcome.

## EUCHRE

Calling all people who enjoy playing Euchre! You are welcome to come along and join in our games which are held every Thursday night at Club Banora. We play in the screened off dining area and commence at 7pm year-round and finish around 9pm. If you would like a few practice hands, please come along 15 minutes before our starting time and our members will be happy to help you out. Fees to play are \$3 members and \$4 non-members and there are prizes for the top two scores as well as a Lucky Door prize. Our AGM was held on 14 March and the Euchre Committee for 2024 is President Jim Creek, Vice President Pat Lesina, Secretary Barbara Lewis, Treasurer Nev Lesina and committee members Elaine Denman, Jo Hortle and Judy Kenny. Our numbers over the past 2 months are improving and we have two new members.

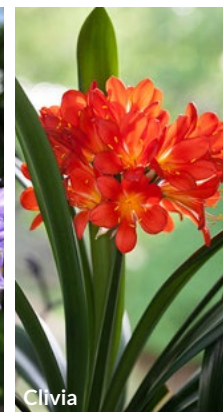
*Joker Judy*

## GARDEN

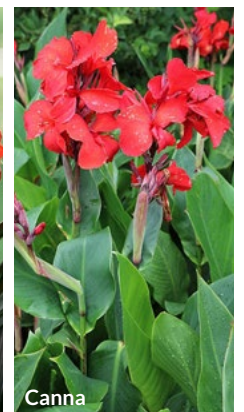
Our March meeting and AGM was well attended and conducted by Twin Towns Management. They congratulated the Committee on the healthy atmosphere in the Club and we thanked them for their dedication. Maria thanked the retiring Committee with special thanks to Secretary Yvonne Morrison after twelve years' service. The 2024 election sees Maria as President, Vice President Greg Morrison, Treasurer Barry Roland, Secretary Gwen Barnes. Bulbs will be pretty in Spring - reliable bulbs for local climate: Agapanthus, Blood Lily (Haemanthus), Canna, Clivia, Crinum sp., Daylily (Hemerocallis), Hippeastrum, Ifafa lily (Cyrtanthus), Jacobs Lily (Sprekelia), Pampas Lily (Habranthus), Society Garlic (Tulbaghia), Spider Lily (Hymenocallis) and Storm Lily (Zephyranthes). Come along to a light-hearted meeting with guest speaker, plant displays, morning tea, raffles and a friendly chat. The next meeting is Tuesday 3 April and then Tuesday 7 May at 9.45am. Enquiries to President Maria 0448 531 055 or email [mariaharry111@gmail.com](mailto:mariaharry111@gmail.com)



Agapanthus



Clivia



Canna

## LADIES BOWLS

It's great to see our Friday numbers increasing, giving us practice for the first Cross Border Shield match on Monday 8 April. We play Cabarita at Club Tweed. Please arrive by 8.30am for morning tea and trial ends at 8.45am; games begin at 9am. Greens should be in great condition and faster than ours. Two important aspects of play: Leads try hard to roll the jack to the skips' length, and Seconds communicate with the skip with changes to the head. Apart from that relax and let the bowls do the work. The calendar has been distributed to all players, and another including our opponents is on the notice board outside the bowls office. ANZAC bowls day will be held on Tuesday 23 April. Bowls locker fee can be paid for the year any time now; our fee is still \$5.

*Veronica*

## BRIDGE

The AGM of the Twin Towns Bridge Club was held on the 14 March at the Club Banora Tennis Clubhouse with most of the Committee reinstated, except for the Secretary who stood down and a new secretary Marion was installed. Congratulations to all the Committee. To all our members who have been unwell and/or are recovering wishing you a speedy recovery. Our numbers have been very steady even slightly increasing due to John, our partner arranger, who is working hard to keep numbers up. Bridge is played on a Monday and Friday at the Banora Club Tennis Clubhouse commencing at 12.15pm. Please be seated 15 minutes prior to start to allow the Director of the day to determine the movement for play. For partners on the day contact John on 0433 972 940. Happy Bridging.

Valerie

## FISHING

Welcome to Twin Towns Fishing Club. Do you like fishing? Do you like socialising? Well, we have a Club that would suit you. The aim of our Club is to provide a social forum where people interested in recreational fishing, but not necessarily Anglers, can meet and exchange their ideas and knowledge of fishing. We had a very successful AGM but we still require a President. Please think about this last remaining position. Well, another month with a very dirty river and even rougher ocean. We had a reasonably good weigh-in for this month: Steve Lovegrove 1st with 7 nice bream; 2nd Garry Hawthorne with 5 lovely luderick; 3rd Mark Small place with a couple of flathead and a mangrove Jack. Garth Poulter made a valiant effort to weigh-in a nice tarwhine fish. The Out of Comp Comp - so far there are three entries. Get out there and see what you can do. Enquiries to Ferdi on 0414 812 907. Keep fishing, tight lines for all.

Dutchy

## SOCIAL GOLF

The AGM on Sunday 3 March was a great day. A big thanks to Brian, Ken and Sharon from the Board for attending on the day. Current committee members have stayed on except for handicapper Justin Hayes who will be replaced by Wayne Woodford who will take the reins once again. Rick Downes is also now part of the Committee. Thank you to all Committee members. Steve Teague was the winner on the day and took home the monthly medal with a 34 nett; runner-up was Rick Downes with a 35 nett score. We managed to also reschedule our Foursomes event and it was held on 10 March. Winners on the day were Mick Byrne and Steve Salter with a 64.5 nett score. With rain hitting us the night before, this kept the numbers away for a couple of days and we didn't manage to get comps on. The month ahead will bring the new schedule with an away match at Tweed Coolangatta Golf Club towards the end of April. Hit it, find it, hit it again.

Will

## WHAT ARE YOU DOING TODAY?

### WHY NOT TRY SOMETHING NEW?

Twin Towns has so many sporting and social clubs and you can be a member of as many as you like! Try something new and exciting and make some new friends.

Contact any of the internal clubs listed in this newsletter or call 07 5536 2277.



## RUNNERS & WALKERS

The following members were elected at our AGM on 14 March. President Catherine Tulloh, Vice President Les Rootsey, Secretary Tracy Moschogianis, Treasurer Aaron Thompson. Committee Members: Roslyne Aberhart, Stephanie Flett, Heather Taylor and Steven Black. Congratulations to all. A big thank you to our outgoing Treasurer, Fran Hawkes, who served for four years and Annette Lentstra who served on the Committee for two years. Come join us for a run or walk. We cover distances of 5km to 12km and work on increasing fitness and mental wellbeing. It's a great Club to make friends and enjoy a coffee after our meets. We meet on Tuesdays and Thursdays at 6.30am at Greenmount (opposite the Pink Hotel) and Sunday 7am at various venues (on Facebook). New members are always welcome to come check us out for up to three times before joining. Enquiries to Secretary Tracy Mo on 0414 590 940.

## SNOOKER

March kicked off with Interclub matches against the Ballina and Casino. Ten players made the trip to Ballina for a very competitive day of Snooker. Club Banora got the win 15-10; special thanks to Ballina RSL hosting the day and we look forward to the return match. In our hosting of Casino, eight players from both Clubs competed. Unfortunately for Casino, they were not on form and Club Banora walked away with the win 18-2. Although the result looked one-sided, many matches came down to the wire. The Des Turner Teams Competition sees us at the halfway point of the season with all teams still a chance to make the finals. Our AGM was held in March and it was announced that Peter Campbell would become a Life Member of Twin Towns. Peter's contributions to our Club - restructuring to running Junior development programs - are just two examples of his desire to put the Club's best interests first. Special thanks to Brian Brown, David Phillips, Sharon Styman and Ken Culpitt for attending our AGM. Thought of the month "Sometimes it's easier to ask for forgiveness than ask for permission." See you next month!



From left, Board Chairman Brian Brown presents Peter Campbell with his Life Member Award